

WELLBEING MOKSHA[®] CUISINE

EGG & AVOCADO

Grilled nine-grain bread, poached eggs, avocado, rocket leaves, tomato, tofu & balsamic sauce

BRUSCHETTA

Rye bread, fresh herbs, mushroom, ricotta, rocket leaves, extra virgin olive oil

EGG WHITE

Omelet plain or with condiments* Zucchini, bell peppers, fresh herbs, mushrooms, onions, rocket leaves, spinach, tomato

KHAO TOM

Thai rice congee with chopped chicken, coriander, ginger, poached eggs, spring onion served with black vinegar, chili, soy sauce

SPIRULINA

Egg white omelet with spirulina, mozzarella, roasted tomato, rocket leaves



EGGS

EGG

Boiled (soft or hard), soldier bread

BENEDICT

Poached eggs, toasted English muffin, chives, Norwegian salmon or turkey bacon, Hollandaise sauce

FLORENTINE

Poached eggs, toasted English muffin, chives, spinach, Hollandaise sauce

CHORIZO OMELET

Spinach, spring onion, white onion, chorizo, cheddar cheese

FRITTATA

Bell pepper, leek, mushroom, cheese, olives, rocket

BAGEL

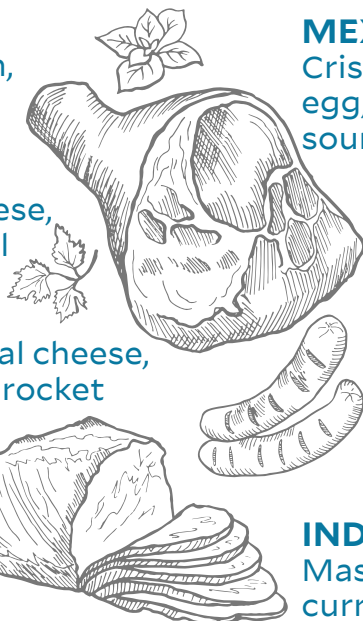
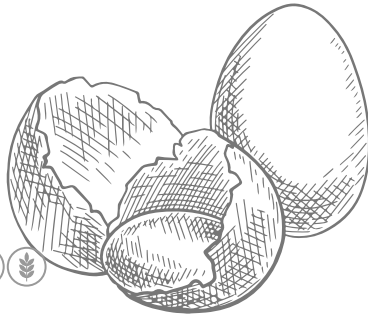
Smoked salmon, cream cheese, capers, onion, cucumber, dill

CROISSANT

Toasted croissant, emmental cheese, parma ham, cherry tomato, rocket leaves

BURRITO

Chorizo, eggs, tortilla bread, cheddar cheese, onions, bell peppers



WORLD DELIGHTS

ARABIC

Foul muddamas, shakshouka scrambled egg, labneh, pickled vegetables, pita bread

MEXICAN

Crispy corn tortilla, cheese, fried egg, guacamole, refried beans, sour cream, salsa, jalapeño

MALDIVIAN

Tuna mashuni, sambal, fish curry, chapatti

FRENCH

Béchamel, fried egg, cheese, mustard, smoked ham, toasted sandwich

INDIAN

Masala scrambled eggs, vegetable curry, paratha, pickles, plain yoghurt



SWEET DELIGHTS

“PAIN BRIOCHE”

French toast stuffed with warm apple compote, honey

PANCAKE

** Also available in a gluten-free option*

American style pancakes, butter, maple syrup
or

Pancakes with nutella, fresh berry compote, mint

PORRIDGE

Choice of milk (Almond, full cream, skimmed, soya)

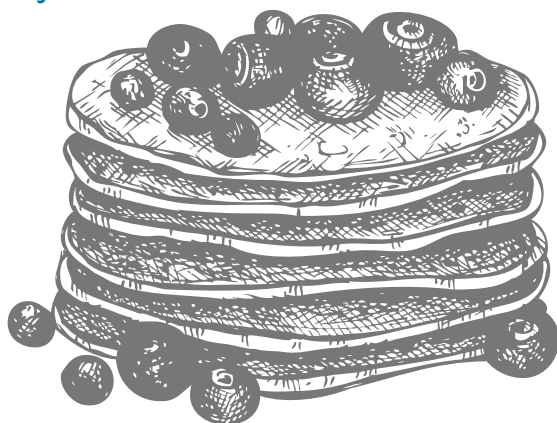
Almond flakes, bananas, dry fruits, honey or plain

BELGIAN WAFFLES

Mango, palm sugar, crème fraiche

CRÊPES

Crêpes stuffed with a choice of nutella, cinnamon sugar, honey, peanut butter or mixed berry compote



BEVERAGES

GREEN JUICE

Celery, cucumber, baby spinach,
green apple, lemon

ABC JUICE

Apple, beetroot, carrot

PINEAPPLE DETOX

Pineapple, ginger, organic green
cleanser, açai berry

BERRIES SMOOTHIE

Raspberry, blackberry,
strawberry, yoghurt

FRESH JUICE

Orange, Pineapple, Watermelon,
Apple, Carrot

BREAKFAST COCKTAILS

Choice of Mimosa or Bloody Mary

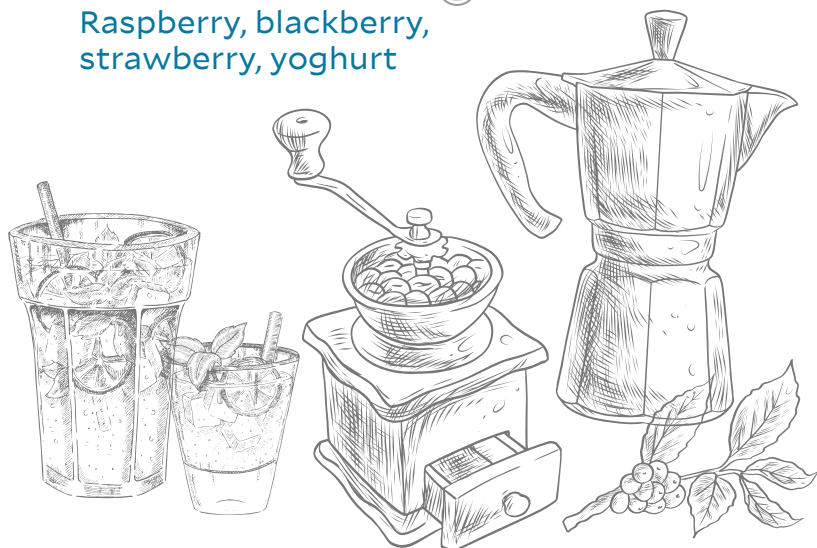
COFFEE

Espresso, Double Espresso, Macchiato,
Filtered Coffee, Americano,
Mochaccino, Cappuccino, Latte

TEA

Morning English (Black Tea),
Earl Grey Neroli (Black Tea),
Jasmine Silk Pearl (Green Tea),
Lung Ching (Green Tea),
Snow Peony (White Tea),
Rose of Ariana (Herbal Tea),
Chamomile (Herbal Tea),
Siso Mint (Herbal Tea),

HOT CHOCOLATE



VEGETARIAN



VEGAN



POULTRY



PORK



SEAFOOD



CRUSTACEAN



SPICY



DAIRY



GLUTEN



MUSHROOM



CONTAIN NUT